



Thursday 8th June 2017

Dear Parents and Carers,

## NSPCC Speak Out. Stay Safe Programme on 15<sup>th</sup> June 2017

The NSPCC's **Speak out. Stay safe.** programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe from cruelty and abuse.

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their **Speak out. Stay safe.** programme on 15<sup>th</sup> June 2017. This is a nationwide programme for every primary-school-aged child in the UK. With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children in our school as well as a follow up workshop for year 5 and 6.

As a charity, the NSPCC can only provide these vital resources thanks to the financial support and generosity of their supporters. Which is why, I am delighted to say, that our school has chosen to support the valuable work of the NSPCC by taking part in fundraising event. More information on how you can support their work will follow their visit to our school.

### What is the **Speak out. Stay safe.** programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

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We have studied the content of the materials and heard from other schools that have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

If you would like any more information about the NSPCC **Speak out. Stay safe.** programme, including frequently asked questions, you can find it on the NSPCC website [nspcc.org.uk/schools](http://nspcc.org.uk/schools) or please come into speak to me and I can provide more information.

### **Talking about the Underwear Rule with your children**

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [nspcc.org.uk/pants](http://nspcc.org.uk/pants) If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [nspcc.org.uk/preventing-abuse/keeping-children-safe/](http://nspcc.org.uk/preventing-abuse/keeping-children-safe/)

The Big Workout will take place on Friday 23<sup>rd</sup> June 2017 and the children are asked to come into school in sports clothing and ideally wearing items which are green. The children do not need to bring in money for the non-uniform day but are asked to fundraise through sponsorships. During the school day, the children, every hour, will complete a set of workout exercises. There are stickers for everyone and different badges/shields to be earned from the number of sponsors gained (not based on how much money raised). Participation in this sponsored event will help other children by raising vital funds to support the work of the NSPCC which includes the special helpline service for children – **Childline**.

**Yours sincerely,**

**Claire Collett**  
**Executive Headteacher**

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